



Energy therapy for body, mind, spirit.

### Key Note Speakers

#### **Catherine De Vrye**

With 9 best-selling books, translated into over a dozen languages, Catherine is one of Asia-Pacific's most popular speakers on managing change & resilience. Laugh and learn how to get some hope happening in your life as Catherine, former Australian Executive Woman of the Year, shares lessons from an inspirational personal story, which can be applied to our working lives. Catherine knows that shift and hope happens in our professional and personal lives to help with healing to move forward.



#### **Dr Beth DuPree**

Dr DuPree is a breast surgeon who embraces Eastern-healing philosophies as she remains on the cutting edge of Western medical technologies. A Fellow of the American College of Surgeons she is also board certified in Integrative Medicine. She is the recipient of many awards, achievements and an author.



### Guest Speakers

#### **Dr Warwick Hain**

Bringing Healing Touch to Port Macquarie

#### **Rhonda Radley**

Reconnection to Language

#### **Dr Rosalie Van Aken**

7 Features of Connecting

#### **Lisa Willows**

Connecting with Social Media

#### **Di Bannister**

Connection One on One

#### **Dr Simon Mervyn-Jones**

Holistic Chiropractic

# The Australian Foundation for Healing Touch Inc 2019 National Conference 13th – 15th September Port Pacific Resort, Port Macquarie, NSW



**Join us on a journey of learning, personal development and fun as we come together to explore the art of connection.**

[www.healingtouch.org.au](http://www.healingtouch.org.au)

### Activities include:

- Gong Meditation • Paint Your Town Workshop •
- Laughter Yoga • Optional Pre Conference activities with Tai Chi or Yoga by the Water, Nature Walk •
- Presentation Dinner •

- 12pm Friday to 3pm Sunday
- 10 x Nurse CPD points for full event attendance
- Limited Merchant stalls available

### Accommodation

Port Pacific Resort in Clarence Street, offers self-contained units at conference rate; single or shared. Alternatively, Port Macquarie offers a wide range of accommodation to suit any budget.

### Book Now

- Full Event, Single Day or Key Note Speaker Tickets
- Early Bird Prices Available until 2<sup>nd</sup> August
- Limited Tickets

**Tickets and more information available at [www.healingtouch.org.au](http://www.healingtouch.org.au) Events**

**[afhtconferencepmq2019@gmail.com](mailto:afhtconferencepmq2019@gmail.com) or 0414 484 890**



# The Australian Foundation for Healing Touch Inc 2019 National Conference



Come together in a safe space to learn from quality speakers, engage in mindful and fun activities and connect with like-minded others.

With full event, single day or Key Note Speaker attendance options there is something for everyone. Outlined below is more detailed information about our speakers, activities, accommodation and costs.

## SPEAKERS



**Catherine De Vrye**, Key Note: Saturday 14th Sep 11am – 2pm

With 9 best-selling books, translated into over a dozen languages, Catherine is one of Asia-Pacific's most popular speakers on managing change & resilience. Laugh and learn how to get some hope happening in your life as Catherine, former Australian Executive Woman of the Year, shares lessons from an inspirational personal story, which can be applied to our working lives. Catherine knows that shift and hope happens in our professional and personal lives to help with healing to move forward. A cancer survivor, she incorporates analogies of trekking to Timbuktu and climbing beyond Everest Base Camp. Some of her popular books are 'Hot Lemon & Honey', 'Hope as My Compass', 'Hope Happens' and 'The Gift of Nature: Inspiring Hope & Resilience'.



**Dr Beth DuPree MD, FACS, ABIOM**, Key Note: Sunday 15th Sep 10.30am – 12pm

Beth is a breast surgeon who embraces Eastern-healing philosophies as she remains on the cutting edge of western medical technologies. A Fellow of the American College of Surgeons she is also board certified in Integrative Medicine. She is Founder of *The Healing Consciousness Foundation* which provides healing/integrative services free of charge to women and men on their breast cancer journey. She is the author of "The Healing Consciousness: A Doctor's Journey to Healing", a Reiki Master, and a national and international physician and educator. Beth has been named to Philadelphia Magazine's 2016 and 2017 TOP DOCS in surgery and Complementary Medicine.



**Dr Warwick Hain MD, CHTP** Friday 13th Sep

Dr Warwick Hain has been a GP for over 40 years with the last 39 in the Hastings area. He has been practicing integrative medicine for over 25 years. He attended his first unit of Healing Touch at the College of Nursing in Lismore in 1994 completing Unit 5 in 2000 and was instrumental in bringing Healing Touch to the Port Macquarie, Hastings area.



**Anjilkurri Rhonda Radley, Djiyagan Dhanbaan (Strong Sister)** Friday 13th Sep

A Birpai Community Elder, Aunty, Mother and Grandmother. Rhonda is a Gathang Language revival activist and continually supports Aboriginal languages to be taught, integrated and spoken. She is passionate about her connection with the land and promotes reconciliation and cohesion by sharing her cultural knowledge through stories, dance and language. In her heart she believes to grow a nurturing community, you have to connect to all aspects of self to deepen the relationship to self, family, community, land, the natural world and the ancestors. Anjilkurri brings these five elements into her sharing space ensuring others are heard, seen, valued, belong and are safe.

## SPEAKERS Continued



### **Dr Rosalie Van Aken RN, PhD, CHTP/I** Saturday 14th Sep

An Australian Registered Nurse, Rosalie has practiced mainly in the areas of mental health and drug and alcohol. She has also taught Natural Therapies, Stress Management, Mental Health and Drug and Alcohol at Southern Cross University being awarded her PhD in 2004 on 'Emerging from Depression: the experiential process of Healing Touch studied through grounded theory and case study'. Energy work and emotional health are a major interest to Rosalie as she continues to share bioenergetic healing with many via teaching, talks and doing the work.



### **Lisa Willows** Saturday 14th Sep

Alongside her many talents as an Artist Manager and Festival Promoter, Lisa has been working in the digital marketing world for the past 10 years. She has been creating and executing integrated social media engagement and strategy for Lifeline Mid Coast for the past 6 years. She has a passion for digital marketing and has been curating the Lifeline Mid Coast brand through Facebook, Twitter and Instagram.



### **Di Bannister** Saturday 14th Sep

Trained in counseling and having studied psychology, Di is currently Manager/Trainer Crisis Support at Lifeline Mid Coast, NSW. Add these qualifications to her life skills as a wife, mother and grandmother of 9, Di's presentations are based on research and life experiences of her own and those that have shared with her.



### **Dr Simon Mervyn-Jones D.C.** Sunday 15th Sep

Having graduated as an Osteopath and Doctor of Chiropractic, Simon has been in private practice in Port Macquarie since 1981. During that time he has extended his techniques to a variety of methodologies including Applied Kinesiology, Sacro-Occipital Technique, Neural Emotional Technique, Quantum Neurology and more. He has taught the Neurological Integration System to chiropractors, naturopaths, medical practitioners and acupuncturists in Australia, New Zealand and North America.

## MERCHANT STALL

There is an opportunity to have a merchant stall at this event for a cost of \$50.

As there are very limited spaces, there is a 'first in' policy.

Please contact 0414 484 890 for more information and to book your space.



## ACTIVITIES



### **Gong Meditation with Jaye Roberts** Friday 13th Sep

After 30 years, Jaye's work continues to be a rich tapestry of healing using Massage, Gong and other Sacred Sound healing tools as well as Kundalini Yoga and Qigong. Under the direction of Don Conreux, Jaye completed Gong Mastery training in 2005. Internationally Jaye performs with Don and Aiden McIntyre and in Australia with Alchemy of Sound, Healing Hertz and the Sydney Sacred Gong ensemble.



### **Guided Painting** Saturday 14th Sep

Allow your inner artist out to play as you connect your imagination with acrylic to canvas. A fully guided session for beginners, all ages and abilities to create your personal take home 'work of art'. Everything provided including an apron!



### **Laughter Yoga with Debra Perry** Sunday 15th Sep

Debra has always loved to laugh and after having experienced four funerals and a wedding within the space of 5 weeks, she decided, in 2015, to become a Laughter Yoga Leader. Learning how to laugh happily, without guilt, Debra continues to lead sessions in Moonee Beach and Coffs Harbour, NSW.

## OPTIONAL EXTRAS



### **Devonshire Morning Tea Cruise** Friday 13th Sep 10am (additional charge)

Enjoy a scone and cuppa whilst taking in the sights of the beautiful Hastings River on this 1.5hr cruise with Port Cruise Adventures.



### **Early Morning Outdoor Yoga, Tai Chi or Mrs York's Garden Walk** Sat & Sun 6.30am - Free

30min of connecting mind, body and spirit at the water's edge to set the mood for a great day ahead. Enjoy stretching, making like a crane or being led on a beautiful walk.

*Bookings taken Friday at Conference check in. Weather pending.*

## ACCOMMODATION & TRAVEL



### **Port Pacific Resort, Clarence St, Port Macquarie.** Reservations 61 2 6583 8099

Offering self-contained units at a conference room rate. Why not bunk with a friend?

1 Bedroom Unit \$140; 1 x Queen, max 2 people

2 Bedroom Unit \$204; 1 x Queen, 2 x Singles, max 4 people

3 Bedroom Unit \$264; 2 x Queen, 4 x Singles, max 6 people



**Fly, Train, Bus, Drive** are all options to get you to the conference. Fly, bus and drive direct into Port Macquarie or train to Wauchope (20 min inland) with a coach connection to Port Macquarie.

For more information on Accommodation & Travel visit [portmacquarieinfo.com.au](http://portmacquarieinfo.com.au).



## TICKET INFORMATION

### Full Event Ticket including dinner Friday and Saturday

1pm Friday 13th Sep to 3pm Sunday 15th September (check in from 12pm)

Member \$450 Early Bird\* \$400

Non Member \$500 Early Bird\* \$450

### Single Day Ticket

Saturday 14th Sep 9am to 4.30pm (check in from 8am)

Sunday 15th Sep 10.30am to 3pm (check in from 9.30am)

Member \$200 Early Bird\* \$180

Non Member \$220 Early Bird\* \$200

### Key Note Speaker including Lunch

11am to 2pm Saturday 14th Sep **Catherine De Vrye** (check in from 10.30am) \$95

10.30am to 1pm Sunday 15th Sep **Dr Beth Du Pree** (check in from 10am) \$75

*\*Early Bird offer ends 2nd Aug. Bookings received after 30th Aug incurs a 20% surcharge.*

### Optional Extras

#### Devonshire Morning Tea Cruise

10am to 11.30am Friday 13th Sep \$35

#### Dinner Tickets

Friday 13th Sep 7pm \$50

Saturday 14th Sep 7pm to 10pm \$60

We do hope you can join us for this annual national event. Alongside the speakers and activities listed here will be more surprises and an opportunity to reacquaint with old friends and make new ones.

For any more questions contact us at

[afhtconferencepmq2019@gmail.com](mailto:afhtconferencepmq2019@gmail.com) or 0414 484 890.

***“In nature we never see anything isolated, but everything in connection with something else which is before it, beside, under it and over it.”***

***Johann Wolfgang von Goethe***



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